

## Daily Care of your Voice Prosthesis

### Provox® Flush



Clean the voice prosthesis in the morning and evening and after each meal using the Provox Brush and the Provox Flush.

1. Use the Provox Flush with drinking water or air. Do not use with any liquid other than water.

**TIP:** If you want to use the Flush with water, practice with air first. Continue with water when you feel confident. Warning: avoid water getting in trachea

2. Place the pointed end of the Flush into a glass of water and squeeze the clear silicone bulb. Water will be suctioned into the bulb.
3. Insert the pointed end of the Provox Flush into the voice prosthesis. Make sure it is sealed off properly. Hold the flush steady in place with your hand. The Flush can be bent for better access to the voice prosthesis.
4. Use your other hand to squeeze the bulb. Gently squeeze the water or air into the prosthesis.
5. Tilt the bulb up and release your squeeze on the bulb. The bulb will reinflate. Remove the Flush from the voice prosthesis.
6. Disconnect the bulb from the shaft. Clean both parts with drinking water and handwashing detergents to remove any dried mucus or food particles. Allow to air dry.
7. Disinfect the Flush daily in accordance with the Provox Flush manual.

